

Application No. 10/687,087

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IN THE ABSTRACT:

Please amend the abstract as follows:

ABSTRACT

A slimming club is simulated so a person can visit a virtual slimming club via the Internet and can have his or her weight-related data reviewed automatically by a central computer system and will receive communication via any convenient method, including the Internet, telephone, fax, ~~or the like~~ and other communication channels.